

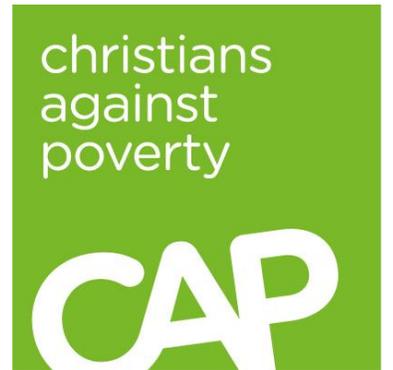
The reasons that people
are in fuel poverty are
many and complex.

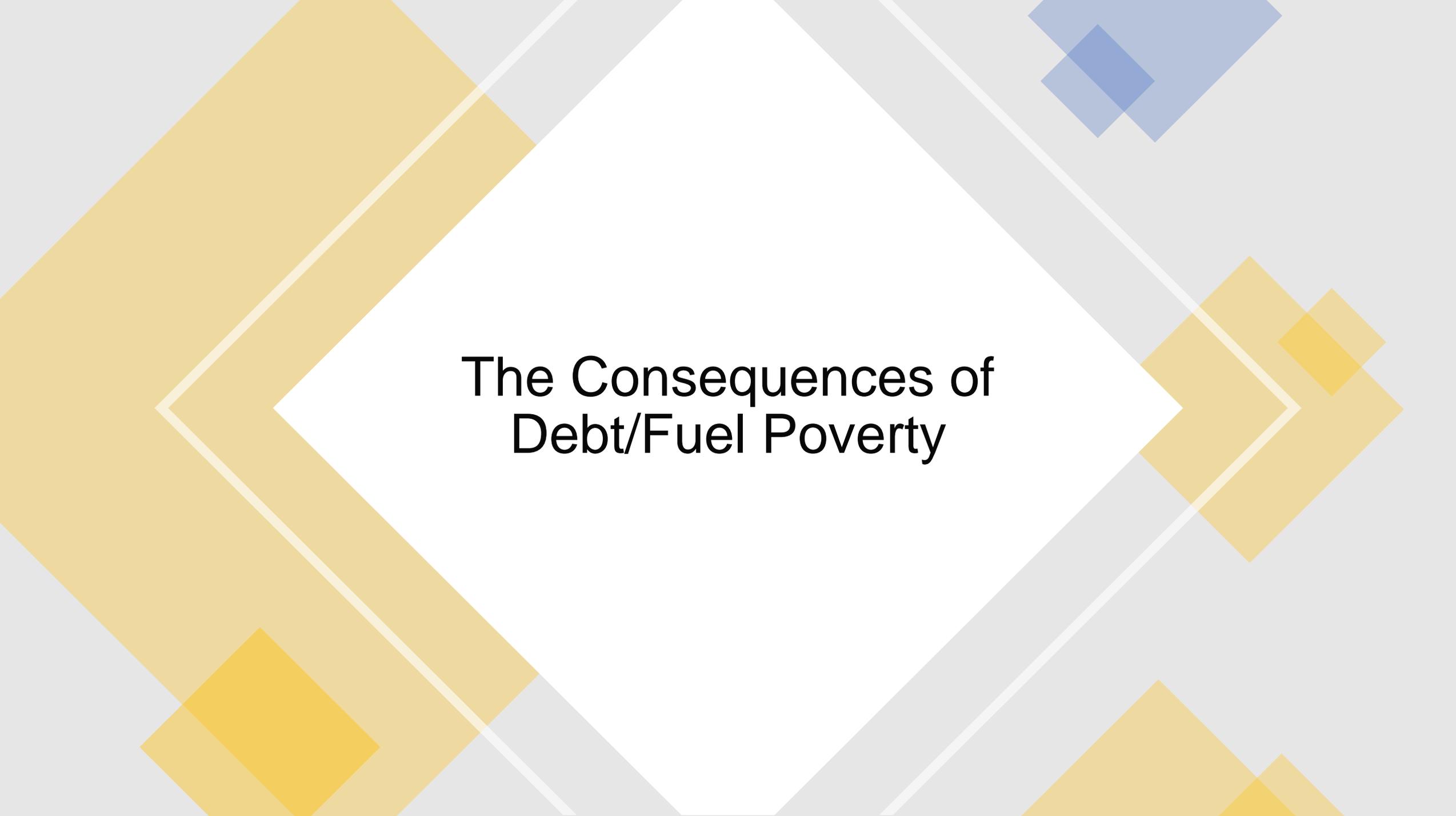
April 2020 – March 2021



Reasons for visiting Lambeth Foodbank	Total number affected
Low Income	18,630
Other	4,093
Child Holiday Meals	3,016
No recourse to public funds	2,833
Benefit Delays	2,273
Debt	1,613
Sickness	1,563
Benefit Changes	1,354
Delayed Wages	432
Domestic Violence	402
Homeless	371
Refused STBA	23

Reason for Debt	Percentage
Low income	20%
Mental - Ill health	18%
Relationship breakdown	14%
Problems with budgeting	13%
Long term illness	11%
Unemployment	8%
Addiction	5%
Bereavement	3%
COVID-19	2%





The Consequences of Debt/Fuel Poverty

Going without

Percentage of CAP clients who said that debt meant they:



37% sacrificed meals



37% went without heating



20% were unable to afford to light their home

31% unable to
afford basic
toiletries

44% unable to
afford adequate
clothing

Ways to Help

Keep the Lifeline - Keep the £20pw Universal Credit lifeline and extend to those on legacy benefits

<https://petition.parliament.uk/petitions/572128>

Stop the #DebtThreats is a coalition calling on the Government to create new rules requiring creditors to use easy-to-understand language in their letters and signpost people to sources of support for their debt.

Ways to Help

Lift the Ban is a coalition of 200 organisations fighting for people seeking asylum to be given the right to work in the UK. Right now, people seeking refugee status can't work while they wait for a decision on their claim, instead having to live on just £5.39 per day. That's wrong. People seeking asylum should be able to use their skills and live in dignity.

#5WEEKSTOOLONG

People are being forced to food banks because five weeks is too long to wait for Universal Credit. This isn't right – the government needs to end the five week wait. [Join the campaign and help make that happen.](#)